

This Lenten season join  
our parish to be  
**Mary's Helping Hands**

The source for those in need  
in our  
parish and community.



**YOU CAN HELP THOSE IN NEED BY DONATING THESE ITEMS**

- |                                |               |                          |              |
|--------------------------------|---------------|--------------------------|--------------|
| Backpacks (New or gently used) | Toothbrushes  | Toothpaste               |              |
| Deodorant                      | Socks         | Hats & Gloves            |              |
| Refillable Water Bottles       | Chapstick     | Wet wipes in small packs |              |
| Individual Kleenex Packs       | Protein Bars  | Vienna Sausage           |              |
| Plastic Laundry Baskets        | Detergent     | Fabric Softener          |              |
| Baby Diapers                   | Adult Diapers | Toilet Paper             | Paper Towels |

**WE WILL BE COLLECTING THESE ITEMS HERE AT THE PARISH DURING  
LENT AND THROUGHOUT THE YEAR IN THE NARTHEX  
TO HELP THOSE LESS FORTUNATE. ANY DONATION OF TIME WOULD  
ALSO BE APPRECIATED.**

Contact the parish office for more information.