



*A Theology of the Body weekend retreat exploring  
identity, prayer, relationship, and vocation*



ECHO is a unique Catholic retreat experience, rooted in St. John Paul II's *Theology of the Body*. Young adults (ages 18-35) will experience dynamic talks, prayer, daily Mass and Adoration, small group discussions, and authentic community. ECHO takes participants on a journey to answer the deepest questions of the human heart. Questions like: Who am I? What is my vocation? How can I truly find happiness? What is God's plan for my life?

The retreat runs from April 9th - 11th, 2021. The fee is \$110 which includes meals, lodging, and supplies. To learn more about ECHO retreats scan the QR tag or visit: <https://youtu.be/lw2yC0fDcVg>. To register, please visit: <https://generationatl.org/event/echo-retreat/>.

### **Want to attend free of charge?**

Our Lady of the Mountains, Parish School of Religion, will give away one scholarship to cover the cost of the retreat (excluding transportation). To enter the drawing for our scholarship, please send an email with "ECHO Scholarship" in the subject line and include your name and phone number in the body. Send the message to: [olm.dre1908@gmail.com](mailto:olm.dre1908@gmail.com). Only one entry per person is required. Enter no later than midnight on March 14th, 2021. Our winner will be drawn on Monday, March 15th, 2021 and will be notified by phone and email.